



ROBERT JAMES HAYWOOD

MUSIC SHAMAN

Perhaps I could begin by acknowledging that, just like music, we human beings are little walking masses of rhythms, frequencies, and various degrees of harmony and outer dischords - closely connected to our reasoning mind, and the impact of unresolved issues of our journey to date.

I could also share that my approach of expression, using music as a catalyst in the support of others, does not come from my ability as a musician, but from the wisdoms that are my blessing to share, not as a 'healer', but as a Music Shaman. Let me, for the sake of space, encapsulate an understanding that has taken thirty years to arrive at: the great blessing Music has to offer is the opportunity for people to be in the now.

Music in the right respectful, non-judgmental, sacredly nurturing, and supportive environment, can powerfully facilitate and support the Inner Journey of each individual participant - the only journey that is real - and that in that environment of adventure and inner discovery, people move the 'mountains' of the past, that are subtly controlling their every waking decision.

When aligned with creative self-expression, both written and drawn, and free form dance, then real healing - which is simply the movement of energy - can take place in an appropriate way and level to each individual's journey.