



*The Spiritual Significance Of Music*

# SUZANNE CIANI

Music exists in a spiritual world, a universe parallel to the nuts and bolts practicalities of “*reality*”. It is intangible, emotional and transporting, allowing us to escape our earthly pinnings for a moment and explore the limitless landscapes of heart and soul. Music is divine in its origins, often “*channeled*” into being, although good music benefits from skillful production as well. Once used to facilitate the memorization of sacred scriptures, usually it has no didactic purpose at all and frees us to just “*be*”, with no practical end other than offering the possibility of suspension in beauty and emotion. We experience the direct infusion of the music’s energy. When I was young, my mother brought home a stack of LPs from a fire sale, the romantic music of Grieg, Rachmaninoff, and Chopin. I was never the same again after being infused with emotions I could hardly contain. And likewise, a pop song of the day would make time stop, and with each repeated hearing, I would be lifted to feelings I had never felt before. Music is enveloping, vibrating our inner ears and whole body. I find it such a rich experience, like eating whipped cream, that I need to limit my indulgence in it.



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