



# LAURA FAETH

For many years, I was an ardent rock 'n' roll fan, enamored with one particular well-known strictly secular band. At the same time, metaphysical and spiritual subjects had interested me since childhood, but I never felt that the two worlds—rock 'n' roll and spirituality—overlapped. In fact, they seemed diametrically opposed. That all changed one cold January night in 2002. A spiritual awakening ripped through every fiber of my being, and somehow, I knew the future. I knew I wrote a book about spirituality and rock music that had a significant impact on the people of my generation.

Since that night, the spiritual significance of music has been revealed to me in a myriad of ways. Perhaps the most powerful revelation was learning that many spiritual texts claim music (vibration) is the essence of God. Over time, I read how in the Ancient Mystery Schools, the priests and magicians were often also the musicians. Priests = Magicians = Musicians. Magicians were like shamans, using vibration (chanting, rattles, and drums) to enter an altered state of consciousness which allowed them to help heal a patient.

Since we don't have shamans in our society, I wondered if rock musicians unconsciously act as conduits between the physical and the Divine, taking on the role of modern day shamans with their music. Could millions of fans be drawn to concerts as a way to emotionally heal? Several years ago, I surveyed rock music fans and asked which emotions they typically felt at a concert, and the overwhelming response was joy, bliss, and ecstasy. One Rolling Stones fan said she felt OrgasMICK. Numerous spiritual teachers claim bliss is a sign that the Divine is flowing through us. So, perhaps a rock concert allows us to remember we are in concert with God—to know that we ARE God and that there isn't any separation between us and the Divine.

Rock music has been a primary vehicle to explore my spirituality, and it appears more people around the world are beginning to realize that their passion for music is actually a prompt from their souls to recall their divine nature. I believe ultimately we will discover ways to transcend time with music, because music is rhythm and rhythm is time. Somehow, everything in the universe is connected, and for me, the vibrations of my favorite rock band augment my connection to my soul. And that is the true spiritual significance of music.



**LAURA FAETH, AUTHOR OF "I FOUND ALL THE PARTS:  
HEALING THE SOUL THROUGH ROCK 'N' ROLL"**